

## We want to raise your awareness of safeguarding, for children and vulnerable adults, so:

### **“IF YOU SEE SOMETHING, SAY SOMETHING”**

Safeguarding is about protecting children and vulnerable adults from abuse and neglect

This might be **physical, emotional, sexual, financial abuse**

At this time, it is even harder for children and vulnerable adults to tell anyone about what is happening to them.

#### **We know that other countries in ‘lockdown’ have reported increases in:**

- Domestic abuse
- Self-neglect
- Alcohol and drug use
- Scams

#### **As a volunteer you also now have a role in safeguarding:**

- Be curious
- Be the eyes and ears
- Come back and tell your coordinator if you see anything that concerns you
- Safeguarding professionals can take things from there; so do not investigate or enquire

#### **Pay attention to how people look or behave – for example:**

- Delivering a food parcel, you notice children at home on their own.
- On the phone or in person, someone appears scared or fearful of someone else in the same household
- You just have a sense something isn’t quite right

Unfortunately, we know some people, who want to exploit or abuse others, may use this opportunity to become a volunteer – this is only a very small number of people, but we need to be alert to the possibility.

If you see something that doesn’t feel right, such as a volunteer being given money or inappropriate gifts, or crossing boundaries, then say something.

For your own safety – if a resident is offensive or abusive, to you or another volunteer, then say something.

Talk to your coordinator if you are worried about anyone or want to check out something you have seen or heard. If you cannot speak to your coordinator you can also call

#### **Cambridgeshire**

- Early Help: [early.helphub@cambridgeshire.gov.uk](mailto:early.helphub@cambridgeshire.gov.uk)
- Children Services: 0345 045 5203
- Adult Services: 0345 045 5202

#### **Peterborough**

- Early Help: [earlyhelp@peterborough.gov.uk](mailto:earlyhelp@peterborough.gov.uk)
- Children Services: 01733 864180
- Adult Services: 01733 747474

Cambridgeshire and Peterborough Out of Hours Emergency Duty Team (EDT): (01733) 234724

Remember, safeguarding is everyone’s responsibility. You have the opportunity to keep local people safe from abuse in this very difficult time.

**So please, Say Something if you See Something.**